



ROOTS

'DUSHI MEAL'

PROTEIN OPTIONS:

1. SAUTEED BLACK BEANS/MUSHROOMS
2. CHICKEN FILLET
3. TWO CHICKEN EGGS (BOILED OR FRIED)

SERVED WITH:

RICE AND VEGETABLES

'DUSHI WRAP'

TORTILLA WRAP WITH YOUNG GOUDA CHEESE, GREENS, TOMATO & CUCUMBER SLICES, SHREDDED CARROT, THIN SLICED ONIONS, HOME-MADE TOGETHER WITH VEGAN HONEY MUSTARD DRESSING AND TOPPED WITH HEMP SEEDS.

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2. CHICKEN FILLET
3. CHICKEN EGG (BOILED OR FRIED)

